

## LEVEL 2 RIGO CONCEPT- BSPTS ASSESSMENT

Dear Student,

This assessment aims to evaluate the knowledge that you have acquired from the Base Course, L1 and L2. This educational period has offered you experiences related to evaluation, diagnosis, and treatment. In order to assess your current understanding, Level 2 will present two assessments: one theoretical and one practical.

### **WRITTEN THEORETICAL ASSESSMENT (Day 5):**

In this first assessment, the teacher will offer a clinical case (clinical posture photos and AP X-ray) for the student to evaluate the radiological and clinical Rigo Concept-BSPTS Classification.

It's necessary that the student:

1. Draw the block system that represents the case curve type.
2. Carry out the radiological measurements extracting as much information as possible.
3. Perform the evaluation and diagnosis of the patient based on the Rigo Concept Classification.
4. Explain your treatment recommendation using SOSORT Treatment Guidelines.
5. Describe two appropriate starting positions. Explain how they should be positioned to start the treatment. Take into account the relevant anatomical landmarks and passive corrections.
6. Describe how all the general and specific principles of correction, as well as the predefined strategies of correction are being used.
7. Please describe how you may progress the patient's exercises

### **PRACTICAL ASSESSMENT (Day 6):**

This second exam will evaluate the student's skills in the therapeutic approach.

The student will be evaluated while treating a patient, taking into consideration the following aspects:

1. Basic knowledge of two positions, chosen at random or by the teacher.
2. Description of each selected position.
3. Instructions, execution of the directions of basic corrective movements in 3D
4. Instructions, execution of the directions of specific corrective strategies
5. Assessment of aspects related to the student's performance: therapist coupling/connection with the patient, sensitivity to patient response, use of feeling and inducing formats, and the evidence of expansion and muscle activation
6. Final result of the execution of the exercise

To pass the theoretical and practical exams, the student must exceed 60% for each assessment.