

# The BSSQ – Bad Sobernheim Stress Questionnaire

Copyright by BSPS-Concept by Rigo

**Elisabetta D'Agata**

**Phd in Psychology, Psychoterapist**

**Consultant in scoliosis psychological issues**



## 2.4 The BSSQ – Bad Sobernheim Stress Questionnaire

8 items assess level of stress due to scoliosis or brace

Total score: 0-24  
0= high stress  
3= no stress



Methodology

Deformity-related stress in a sample of patients with adolescent idiopathic scoliosis after brace weaning: a cross-sectional investigation

HR Weiss<sup>1\*</sup>, S Seibel<sup>1</sup>, A Kleban<sup>2</sup>

BioMed Central  
The Open Access Publisher



Scoliosis

this article search submit a manuscript register

*Scoliosis*. 2006; 1: 22.

Published online 2006 Dec 19. doi: [10.1186/1748-7161-1-22](https://doi.org/10.1186/1748-7161-1-22)

PMCID: PMC1764899

PMID: [17176483](https://pubmed.ncbi.nlm.nih.gov/17176483/)

The reliability of the Bad Sobernheim Stress Questionnaire (BSSQbrace) in adolescents with scoliosis during brace treatment

### BSSQ Deformity

- German, Polish, Chinese, Persian

### BSSQ Brace

- German, Spanish, Polish, Chinese, Persian, Italian, Japanese

